

# Holy Name of Jesus

## March 2020 Lunch Menu



<b>What Makes a Meal?</b>  Choose 3, 4 or 5 food items from these 5 components:  Meat or Meat Alternate Vegetable Fruit Grain/Bread Milk  Lunch must include at least one fruit or vegetable	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3/2 Pancakes & Sausage Tater Tots Mandarin Oranges	3/3 Rib-b-que Sandwich Sweet Potato Fries Apple Slices	3/4 Pizza Pasta Bake Bread Slice Side Caesar Salad Banana	3/5 Pretzel Dog BBQ Baked Beans Chilled Pineapples	3/6 Cheese Pizza Steamed Green Beans Chilled Peaches
  <b>Vegetable Features</b> A daily variety of vegetables will be offered to students to include the 5 vegetable subgroups: * <b>Dark Green</b> * <b>Red/Orange</b> * <b>Legumes</b> * <b>Starchy</b> * <b>Other</b>  <b>Fruit Features</b> A daily variety of fruits will be offered to students: * Fresh Fruits * Canned Fruits in light syrup * 100% Fruit Juice (offered twice/week)	3/9 Cheeseburger Steamed Carrots Applesauce Cup	3/10 Breakfast for Lunch French Toast & Sausage Tater Tots Chilled Mixed Fruit	3/11 Meatball Hoagie Steamed Mixed Veggies Fruit Cup	3/12 Chicken Nuggets Dinner Roll Steamed Corn Banana	3/13 Grilled Cheese Tomato Soup Garbanzo Beans Pears
	3/16 Corn Dog Nuggets Sweet Potato Fries Peaches	3/17 Cheeseburger Side Salad Banana	3/18 Breakfast Sandwich Egg & Cheese on a Bagel Fries Chilled Pineapples	3/19 Breaded Chicken Tenders w/Sliced Bread Roasted Chickpeas Orange Slices	3/20 Breaded Fish Sandwich Brussel Sprouts Chilled Mixed Fruit
	3/23 Macaroni & Cheese Bread Slice Stewed Tomatoes Mandarin Oranges	3/24 Steak 'n Cheese Hoagie Side Caesar Salad Apple Crisp	3/25 Chicken Pot Pie Dinner Roll Steamed Green Beans Banana	3/26 Breaded Chicken Sandwich Northern Bean Salad Fruited Gelatin	3/27 Cheese Pizza Fries Chilled Pears
	3/30 BBQ Breaded Chicken Sandwich BBQ Baked Beans Applesauce Cup	3/31 Breakfast for Lunch French Toast & Sausage Tater Tots Chilled Mixed Fruit			
  <b>Daily Milk Choices:</b> Fat Free Flavored Fat Free White Milk 1 % White Milk					