

Holy Name of Jesus

May 2024 Lunch Menu



What Makes a Meal?

Choose 3, 4 or 5 food items from these 5 components:

Meat or Meat Alternate
Vegetable
Fruit
Grain/Bread
Milk

Lunch must include at least one fruit or vegetable



Vegetable Features

A daily variety of vegetables will be offered to students to include the 5 vegetable subgroups:

- * **Dark Green**
- * **Red/Orange**
- * **Legumes**
- * **Starchy**
- * **Other**

Fruit Features

A daily variety of fruits will be offered to students:

- * **Fresh Fruits**
- * **Canned Fruits in light syrup**
- * **100% Fruit Juice (offered twice/week)**



Daily Milk Choices:

Fat Free Flavored
Fat Free White Milk
1 % White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		5/1 Chicken Nuggets Bread Slice Steamed Peas Fresh Vegetable 100% Fruit Juice	5/2 Walking Taco Bread Slice Steamed Broccoli Fresh Vegetable Banana	5/3 Fish Sticks Churro Steamed Corn Fresh Vegetable Mixed Fruit
5/6 Salisbury Steak Dinner Roll Mashed Potatoes Fresh Vegetable Pineapple Tidbits	5/7 Breaded Chicken Sandwich Fries Fresh Vegetable 100% Fruit Juice	5/8 Corn Dog Nuggets Steamed Mixed Veggies Fresh Vegetable Apple Slices	5/9 Waffles & Sausage Patties Tater Tots Fresh Vegetable Mixed Fruit	5/10 Cheese Pizza Steamed Carrots Fresh Vegetable Diced Pears
5/13 Italian Dunkers w/Marinara Sauce Steamed Peas Fresh Vegetable Diced Peaches	5/14 Chicken & Cheese Quesadilla Steamed Green Beans Fresh Vegetable Applesauce	5/15 Field Day Cookout Hot Dog or Burger Baked Beans Coleslaw Apple Slices	5/16 Turkey & Cheese Hoagie Steamed Broccoli Fresh Vegetable Banana	5/17 Grilled Cheese Sandwich Steamed Mixed Veggies Fresh Vegetable Mixed Fruit
5/20 Chicken Nuggets Bread Slice Steamed Carrots Fresh Vegetable Pineapple Tidbits	5/21 French Toast Sticks Sausage Patties Fries Fresh Vegetable 100% Fruit Juice	5/22 Breaded Chicken Sandwich Steamed Peas Fresh Vegetable Apple Slices	5/23 Walking Taco Bread Slice Steamed Corn Fresh Vegetable Mixed Fruit	2/24 Pierogies Bread Slice Vegetarian Beans Fresh Vegetable Diced Pears
5/27 No School	5/28 Meatball Hoagie Steamed Green Beans Fresh Vegetable Applesauce	5/29 Corn Dog Nuggets Steamed Broccoli Fresh Vegetable 100% Fruit Juice	5/30 Cheeseburger Baked Beans Fresh Vegetable Banana	5/31 Cheese Pizza Steamed Mixed Veggies Fresh Vegetable Mixed Frit

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June 2024 Lunch Menu

What Makes a Meal?

Choose 3, 4 or 5 food items from these 5 components:

Meat or Meat Alternate
Vegetable
Fruit
Grain/Bread
Milk

Lunch must include at least one fruit or vegetable



Vegetable Features

A daily variety of vegetables will be offered to students to include the 5 vegetable subgroups:

- * Dark Green
- * Red/Orange
- * Legumes
- * Starchy
- * Other

Fruit Features

A daily variety of fruits will be offered to students:

- * Fresh Fruits
- * Canned Fruits in light syrup
- * 100% Fruit Juice (offered twice/week)



Daily Milk Choices:

Fat Free Flavored
Fat Free White Milk
1 % White Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/3	6/4	6/5	6/6	6/7
Chicken Nuggets Bread Slice Steamed Corn Fresh Vegetable Pineapple Tidbits	French Toast Sticks Sausage Patties Tater Tots Fresh Vegetable 100% Fruit Juice	Grilled Cheese Sandwich Steamed Mixed Veggies Fresh Vegetable Apple Slices	Last Day of School Early Dismissal	

